## ORIGINAL CONTRIBUTION

# Effects of galacto-oligosaccharide ingestion on the mucosa-associated mucins and sucrase activity in the small intestine of mice

Géraldine Leforestier · Anne Blais · François Blachier · Agnès Marsset-Baglieri · Anne-Marie Davila-Gay · Emmanuel Perrin · Daniel Tomé

Received: 11 March 2009/Accepted: 16 June 2009/Published online: 4 July 2009 © Springer-Verlag 2009

#### **Abstract**

Background Galacto-oligosaccharides (GOS) are nondigestible oligosaccharides with short galactosyl chain units produced by lactose fermentation which are considered as prebiotics. Only few studies have investigated the effects of GOS medium-term ingestion on the small intestinal epithelium characteristics.

Aim of the study In this study, we evaluated the consequences of GOS ingestion on small intestinal mucosal morphology, on brush-border membrane enzyme activities and on mucin content in BALB/c mice.

*Methods* Mice received the experimental diets for 4 weeks and then the small intestine was collected to measure sucrase, lactase and alkaline phosphatase activities, to study the villus heights in the jejunum mucosa and to determine mucosal mucin content as well as MUC-2 and MUC-4 mRNAs expression by qRT-PCR.

Results Our results showed that GOS has no detectable effect on the intestine villus height but increased the total protein content by twofold. Sucrase activity was significantly increased in the intestinal mucosa recovered from animals fed the GOS diet without any detectable modification of lactase and phosphatase activities. Interestingly,

G. Leforestier · A. Blais · F. Blachier · A. Marsset-Baglieri · A.-M. Davila-Gay · D. Tomé (☒)
INRA, CRNH-IdF, UMR914 Nutrition Physiology and Ingestive Behavior, 16 rue Claude Bernard, 75005 Paris, France e-mail: tome@agroparistech.fr

G. Leforestier · A. Blais · F. Blachier · A. Marsset-Baglieri · A.-M. Davila-Gay · D. Tomé AgroParisTech, CRNH-IdF, UMR914 Nutrition Physiology and Ingestive Behavior, 75005 Paris, France

E. Perrin Blédina R & D, 59114 Steenvoorde, France GOS was also able to increase sucrase activity in cultured Caco-2 cells raising the view that they likely act directly on these cells. Furthermore, GOS was found to markedly increase O-linked glycoproteins associated with the intestinal mucosa without modifying MUC-2, MUC-4 mRNAs expression. Lastly, TNF- $\alpha$  mRNA expression was also not modified after GOS ingestion.

Conclusions These results suggest that, in BALB/c mice, 4-week GOS ingestion is able to increase the small intestinal mucosa-associated mucin content and enterocyte-associated sucrase activity without modifying villus height.

**Keywords** Galacto-oligosaccharides · Intestinal mucosa · MUC genes · Mucins

## Introduction

Dietary fibers (DF) have been defined by the American Association of Cereal Chemists (AACC) as "the edible parts of plants or analogous carbohydrates that are resistant to digestion and absorption in the human small intestine with complete or partial fermentation in the large intestine" [1]. Depending on their solubility, DF have numerous but different effects on the gastrointestinal tract. In particular, soluble DF such as pectins or guar gum are fermented by the colonic microflora [10, 30], with production of shortchain fatty acids (SCFAs) [46]. This phenomenon has several consequences on the colonic functions, like a decrease of the luminal pH [34], a stimulation of colonic epithelial cell proliferation [21, 24, 37] and some modifications in the composition and thickness of the mucosal layer [38, 40].

Galacto-oligosaccharides (GOS) are a class of nondigestible dietary carbohydrates defined as prebiotics. To



be considered as a prebiotic, a food ingredient has to be resistant to gastric acidity and to hydrolysis by mammalian enzymes, but fermented by the intestinal microflora, and to allow specific changes, both in the composition and/or activity of the gastrointestinal microbiota that confers benefits upon host well-being and health [17, 35].

Galacto-oligosaccharides (GOS) are short-chain carbohydrates commercially produced from lactose using the galactosyltransferase activity of  $\beta$ -galactosidase [8]. It has been shown that they are able to reach the large intestine where they are metabolised by the indigenous microflora. Moreover, GOS are able to enhance some health-promoting microbial populations [12, 20, 29, 31, 36, 44]. This property has led to consider GOS as prebiotics [17]. Since they are non-digestible and fermentable by the colonic microflora and also can modulate intestinal barrier function [49] GOS may therefore be considered as DF.

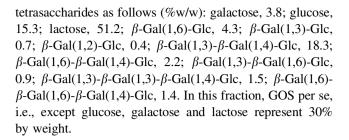
Although the effects of DF have been studied in several studies on the small intestinal mucosa [6, 15, 18, 21, 24, 38], experimental works on GOS have mainly focused on their prebiotic effects on the large intestine [5, 12, 22, 27, 48] and on their immunomodulatory effects [28, 42, 50]. Few studies have been conducted on a specific mixture of GOS with long chain fructo-oligosaccharides (FOS) [22, 27, 50]. A recent study has shown that GOS milk formula increases fecal secretion of immunoglobulin A (IgA) suggesting a positive effect on mucosal immunity [39]. However, to our knowledge, only one study has been conducted to evaluate their effects on mucins [26]. This work has shown that GOS modified the mucin cell distribution in the colon, but secretion and thickness of the mucus layer were not evaluated in this study. The mucus layer covering the gastrointestinal mucosa is considered to represent the first line of defense against mechanical, chemical or microbiological aggression of luminal compounds in excessive concentrations [33].

The working hypothesis used in the present study was that the ingestion of a GOS-containing fraction may modify mucosal morphology, the mucosal enzymatic activities and the mucosa-associated mucins of the small intestine. To test this hypothesis, we used BALB/c mice as an in vivo model. We also used Caco-2 cells to directly test the GOS-containing fraction on intestinal epithelial cells.

# Materials and methods

Composition of the GOS fraction

The GOS-containing fraction was obtained from lactose by fermentation with *Streptococcus thermophilus* St065. The lyophilized powder was analyzed by HPLC as described previously [32]. This fraction contained mono-, di-, tri- and



In vivo study

Animals and treatments

These experiments were conducted on 54 BALB/c female mice obtained at 6 weeks of age from Harlan (The Netherlands). The mice were allocated to 3 groups (n = 18) a control group (no oligosaccharide), a gos5.0% group [5% (w/w) of GOS-containing fraction] and as a matter of comparison a lac5.0% group [5% (w/w) of lactose], respectively. Mice were housed in plastic cages in a temperature-controlled room with a 12-h light/dark cycle. Water and food were freely available throughout the experiment. After 6 days of acclimatization they were given the experimental diets containing either lactose or GOS-containing fraction for 4 weeks (Table 1). At the end of the experiments, mice were killed by decapitation and their small intestine was isolated. The intestine was washed with sterile 0.9% (w/v) NaCl. In some mice (n = 10), after removal of the first 50 mm duodenum, 20 mm of jejunum were excised for histological study, the remainders being scrapped to collect the intestinal mucosa. This latter was frozen for further measurement of enzymatic activities, DNA and mucin contents. The whole small intestine of some mice (n = 8) was removed as described previously, diluted in 1 ml Trizol and frozen until RNA extraction for MUC gene expression measurements.

# Histological study

For the measurement of villus height, jejunum was used since villus height is known to be higher in this anatomical part than in the ileum [7]. The jejunal samples were fixed in Bouin's solution for 24 h, immersed twice in 95% (v/v) ethanol to remove the picric acid and afterwards dehydrated in increasing butanol bathes. Then samples were embedded in paraffin and cut in 5 µm longitudinal sections. Sections were mounted on gelatine-chrome slides and stained in hematoxyline and eosine. Briefly, slides were unembedded in xylene, rehydrated in decreasing ethanol bathes and finally in water for 10 min. Slides were immersed in hematoxyline (5 g/L) for 3 min, washed in water, immersed in eosine (20 g/L in ethanol) for 5 min, rinsed with 70% (v/v) ethanol and finally immersed in



Table 1 Composition of the experimental diets (g/kg)

Milk protein LR85F <sup>a</sup> Soy bean oil Mineral mix <sup>b</sup>	140		
•	140	140	140
Mineral mix <sup>b</sup>	40	40	40
	35	35	35
Vitamin mix <sup>b</sup>	10	10	10
Choline	2.3	2.3	2.3
Starch	522.4	622.4	622.4
Cellulose	50	50	50
Sucrose	100.3	50.3	50.3
Lactose added	0	50	0
From GOS-containing fraction			
Total GOS-containing fraction	0	0	50.0
Glucose	0	0	7.6
Galactose	0	0	1.9
Lactose $(\beta$ -Gal $(1,4)$ -Glc $)^{c}$	0	0	25.6
$\beta$ -Gal(1,6)-Glc	0	0	2.1
$\beta$ -Gal(1,3)-Glc	0	0	0.3
$\beta$ -Gal(1,2)-Glc	0	0	0.2
$\beta$ -Gal(1,3)- $\beta$ -Gal(1,4)-Glc	0	0	9.1
$\beta$ -Gal(1,6)- $\beta$ -Gal(1,4)-Glc	0	0	1.1
$\beta$ -Gal(1,3)- $\beta$ -Gal(1,6)-Glc	0	0	0.4
$\beta$ -Gal(1,3)- $\beta$ -Gal(1,3)- $\beta$ -Gal(1,4)-Glc	0	0	0.7
$\beta$ -Gal(1,6)- $\beta$ -Gal(1,6)- $\beta$ -Gal(1,4)-Glc	0	0	0.7

gos, galacto-oligosaccharides; lac, lactose

toluene. To determine villus height, 10 villi were measured on 5 mice per group. Villus height is the distance from the crypt-villus junction to the tip of the villus. The measurements were made using an optical microscope Axio Imager Z1 equipped with a camera and coupled with an image-analyzing system (Zeiss, Le Pecq, France).

#### Protein and DNA contents

Mucosa scrapped from the jejunum (excluding the first 20 mm) and ileum was pooled, diluted and homogenized to obtain a final concentration of 100 mg/ml in 0.9% (w/v) NaCl.

Total protein contents were measured according to the manufacturer's instructions with the BCA protein assay kit (Pierce Biotechnology, Brebières, France). Results were expressed as milligrams proteins per gram (mg proteins/g) mucosa.

Total DNA contents were determined using the Fluo-Reporter® Blue Fluorometric dsDNA Quantitation Kit (Molecular Probes), according to the manufacturer's instructions.

#### Enzymatic measurements

Sucrase activity was measured in the pooled jejunal and ileal mucosa and in Caco-2 cells according to the method of Dahlqvist [11] modified by Lloyd and Whelan [23]. Briefly, 50 µl of cell lysates was kept at 37 °C; 50 µl of sucrose solution (0.056 M) was added and tubes were kept at 37 °C for 1 h. Then 1.5 ml of tris-glucose oxydase buffer (TGO) was added and tubes were placed for 1 h at 37 °C. Finally, aliquots of 100 µl of reaction mixture were transferred to a 96-well plate and the plate was read at 405 nm. For lactase activity, sucrose (0.056 M) was replaced by lactose (0.056 M). Sucrase and lactase activities were expressed as unit per milligram (U/mg) mucosa.

Alkaline phosphatase activity was measured in the pooled jejunal and ileal mucosa using the fluorogenic substrate 4-methylumbelliferyl phosphate (4-MUP) (Sigma, St-Quentin-Fallavier, France). Hundred microliters (µl) of cell lysates was transferred to a 96-well plate and 50 µl of ready-to-use 4-MUP was added. Plates were immediately put in a microplate reader (Cytofluor 4,000, Applied Biosystems, Courtaboeuf, France) with excitation at 360 nm and emission at 440 nm, and read every 5 min during 30 min. The intensity of fluorescence increased linearly during this period. Results are expressed as relative fluorescence intensity (RFU) per minute and mg mucosa (RFU/min mg mucosa).

# Preparation of mucin fraction

The mucin fraction was isolated from the pooled jejunal and ileal mucosa according to the method of Tanabe et al. [43]. Mucosa samples were suspended in 0.15 M NaCl with 0.02 M sodium azide. Samples were homogenized using a polytron and centrifuged at 10,000g for 30 min at 4 °C. The mucins dissolved in the supernatant were then precipitated with 60% (v/v) ethanol and recovered by a second centrifugation (5,000g for 5 min at 4 °C). Mucins were finally dissolved in  $100~\mu l$  water.

Mesurement of O-linked glycoprotein chains (mucins)

Mucins were determined according to Crowther and Wetmore [9] using a fluorometric assay that discriminates O-linked glycoproteins (mucins) from N-linked glycoproteins. Briefly, alkaline cyanocetamide (CNA) was prepared by adding 200  $\mu l$  of 0.6 M cyanoacteamide to 1 ml of 0.15 M NaOH. Then 100  $\mu l$  of mucin solution was mixed with 120  $\mu l$  of alkaline CNA and incubated at 100 °C for 30 min. After incubation, 1 ml of 0.6 M borate buffer (pH 8.0) was added. After allowing the solution to cool to room temperature, 200  $\mu l$  of the final solution was transferred to a 96-well plate and the fluorescence was measured



<sup>&</sup>lt;sup>a</sup> From Armor Protéines, France

b AIN-93 M

<sup>&</sup>lt;sup>c</sup> Lactose from GOS-containing fraction

in a microplate reader (Cytofluor 4,000, Applied Biosystems, Courtaboeuf, France) with excitation at 336 nm and emission at 383 nm. The quantity of O-linked glycoproteins was determined using a standard curve of N-acetylgalactosamine treated as the samples. Results are expressed as micromol per gram (µmol/g) mucosa.

RT-PCR analysis of MUC and TNF-α gene expression

For the measurement of MUC and TNF- $\alpha$  gene expression, we used ileum since thickness of mucus gel is higher in ileum than in jejunum [3]. Tissues from ileum were homogenized in 1 ml Trizol (Invitrogen) with a Turrax homogenizer. Total RNA was extracted according to the manufacturer's instructions. Complementary DNA (cDNA) was synthesized from 400 ng of total RNA in 40 μl, using random primers and reverse transcriptase (Applied Biosystems, Courtaboeuf, France). At the end of the reaction, each tube was completed with sterile H<sub>2</sub>O qsp 200 μl and frozen until the completion of realtime PCR. Realtime quantitative PCRs for each gene were performed using 5 µl of the reverse transcripted total RNA solution, with 0.015 mM concentrations of both sense and antisense primers (Applied Biosystems) [19] in a final volume of 20 µl, using Power SYBR Green PCR Master Mix (Applied Biosystems) in the thermocycler (Applied biosystems). PCR efficiencies were determined using the formula  $E = 10^{(1/\text{slope})} - 1$ . Relative quantification for any given gene was calculated after determination of the difference between the  $C_t$  of the given gene and that of the calibrator gene 18S using the formula  $2^{-\Delta C_t}$ .

In vitro study

Measurement of Caco-2 cell proliferation

Caco-2 cells were obtained from the American Tissue Culture Collection and seeded at  $2 \times 10^4$  cells/cm<sup>2</sup> in Dulbecco's modified Eagle's Medium (DMEM, Gibco) containing 15% (v/v) fetal bovine serum, 25 mM p-glucose, 6 mM L-glutamine, 50 μg/ml streptomycin and 50 U/ml penicillin. The cells were grown under a 5% CO<sub>2</sub>-95% air atmosphere. The culture medium was changed every two days before confluency and daily afterwards. Cells were used between the 38th and the 45th passages. For the assay, four 24-well plates were used and GOS-containing fraction was added in culture wells at day 3 after seeding in order to reach a final concentration of 0, 0.1, 1 or 5 g/L. From day 3 to day 6 after seeding, one plate was stopped every day: culture medium was removed and cells were rinsed with PBS. DNA was evaluated using a FluoReporter® Blue Fluorometric dsDNA Quantitation Kit (Molecular Probes, Cergy-Pontoise, France), according to the manufacturer's instructions.

Protein(s) content

Total protein contents were measured on Caco-2 cell lysates according to the manufacturer's instructions with the BCA protein assay kit (Pierce Biotechnology, Brebières, France).

Enzymatic measurements

To evaluate GOS effect on Caco-2 cell differentiation, GOS-containing fraction was added in culture wells at day 3 after seeding, in order to reach a final concentration of 0, 0.1, 1 or 5 g/L. At day 7 culture medium was removed, cells were rinsed with PBS and homogenized before enzymatic activity measurement. Sucrase and alkaline phosphatase activities were measured as described above. Sucrase activity was expressed as milliunits per milligram (mU/mg) proteins and alkaline phosphatase activity was expressed as relative fluorescence intensity (RFU) per minute and milligram proteins (RFU/min mg proteins).

Statistical analysis

Data are expressed as mean  $\pm$  SD. Statistical analyzes were performed using SAS software. Results were compared using a one-way analysis of variance (ANOVA) to assess the effect of diets. When significant effects were observed, a Tukey's test was applied a posteriori to determine significant differences between groups. Significance was established at P < 0.05.

#### Results

In vivo study

Histological study

Jejunal villus height was measured on five mice of each group. The results expressed in micrometers ( $\mu$ m) are the following (mean  $\pm$  SD):  $320 \pm 44$  for control mice,  $298 \pm 37$  for lac5.0% mice and  $313 \pm 9$  for gos5.0% mice. Statistical analysis did not show any significant difference between groups (P = 0.671).

Enzymatic activities and DNA content of the intestinal mucosa

Enzymatic activities and DNA quantification were measured in the small intestine mucosa recovered after

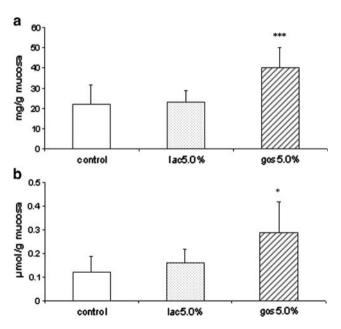


consumption of the different experimental diets. Alkaline phosphatase and lactase activities were not significantly modified by GOS consumption (data not shown). Sucrase activity (U/mg mucosa) was:  $11.4 \pm 2.2$ ,  $11.4 \pm 1.9$  and  $13.6 \pm 2.3$  in the mucosa of control, lac5.0% and gos5.0% mice, respectively (n=10). This activity was significantly increased in the small intestine of GOS-consuming mice (P < 0.05). DNA content (RFU/mg mucosa) was similar in the control, lac5.0% and gos5.0% groups representing,  $942 \pm 252$ ,  $1169 \pm 356$  and  $1206 \pm 285$ , respectively (n=10 in each experimental group).

## Protein and mucin contents of the intestinal mucosa

Total protein content of the small intestine mucosa (Fig. 1a) recovered after the consumption of the different experimental diets was twofold higher in GOS-consuming mice as compared to the protein content of the mucosa recovered from the control mice (P < 0.001) and from the lac5.0% mice (P < 0.001).

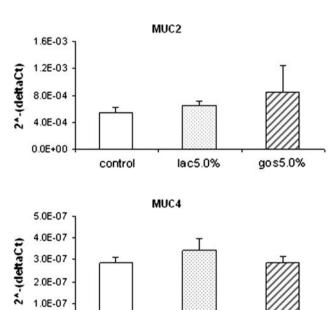
GOS ingestion also significantly increased the mucin content associated with the intestinal mucosa as compared to either control mice (P < 0.05) or lactose-consuming mice (P < 0.05), as shown in Fig. 1b.

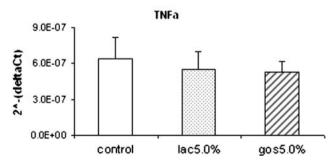


**Fig. 1** Total protein content (a) and mucin (b) content in intestinal mucosa of mice consuming a control diet, a lactose-containing diet (lac5.0%) or a GOS-containing diet (gos5.0%) for 4 weeks (mean  $\pm$  SD, n=10). \*\*\*Mean values were significantly different from those of the control and the lac5.0% groups (P < 0.001). \*Mean values were significantly different from those of the control and the lac5.0% groups (P < 0.05)

#### MUC and TNF-α gene expression

Mucus is mostly composed of mucins whose protein backbones are encoded by MUC genes. We analyzed MUC-2, which encodes mucins specifically synthesized and secreted by the goblet cells to form the gel that covers and protects the mucosal surface, and MUC-4, which encodes membrane-bound mucins. MUC and TNF- $\alpha$  gene expression in the ileal part of the small intestine, according to the different experimental diets is shown in Fig. 2. No significant difference was observed for MUC-2 and MUC-4 expression between the experimental groups. When TNF- $\alpha$  mRNA were measured as an index of intestinal inflammation, no difference was recorded between the three experimental groups.





lac5.0%

0.0E+00

control

**Fig. 2** MUC and TNF- $\alpha$  gene expression in the ileum of mice consuming a control diet, a lactose-containing diet (lac5.0%) or a GOS-containing diet (gos5.0%) for 4 weeks (mean  $\pm$  SEM, n=8). Mean values were significantly different from those of the control and the gos5.0% groups (P < 0.05)



gos5.0%

In vitro study

Proliferation of Caco-2 cells in the presence of GOS

The growth curve of the Caco-2 cells was not modified by the addition of GOS in culture medium (data not shown). Statistical analysis did not reveal any significant difference between GOS-containing wells and control wells (P = 0.143).

Enzymatic activities in Caco-2 cells

Sucrase activity was measured in Caco-2 cells grown for 4 days in the presence or absence of GOS-containing medium. At day 7, the sucrase activity was measured in Caco-2 cell homogenates, values of  $1.6 \pm 0.3$ ,  $2.5 \pm 0.6$ ,  $2.1 \pm 1.0$ , and  $3.5 \pm 1.3$  mU/mg proteins were reported when they were grown in the presence of 0, 0.1, 1 and 5 g/L of GOS-containing fraction, respectively. Caco-2 cells expressed a significantly higher sucrase activity when they were grown in the presence of the highest concentration of GOS (P < 0.05) as compared to the control experiments (no GOS). In contrast, alkaline phosphatase activity was not modified by the presence of GOS in the culture medium (data not shown).

### Discussion

Our study clearly shows that GOS are able to modify some characteristics of the intestinal mucosa in BALB/c mice. First, GOS consumption strongly increased the mucosal protein and mucin content when compared to the values obtained in control and lactose-consuming animals. However, GOS consumption did not significantly affect the DNA content of the intestinal mucosa. Furthermore, mice consuming the GOS-enriched diet exerted a higher sucrase specific activity associated with the intestinal mucosa, but had similar alkaline phosphatase and lactase activities indicating that the GOS-enriched diet exerted a rather specific effect on mucosal epithelial cell. This increase in sucrase activity was however limited (1.2-fold), suggesting a modest increased capacity for sucrose hydrolysis by enterocytes.

Despite the increase in protein content, the jejunal villus height did not show any modification when GOS were added to the diet. These apparently contradictory results may be reconciled if we take the increase mucosa-associated mucins in animals receiving the GOS-enriched diet into account. Moreover, total mucosal DNA content was similar in GOS-consuming mice when compared with both the control and lactose-fed animals. This result is in accordance with the results obtained in the in vitro study

since Caco-2 cell proliferation was unaffected by the presence of GOS. In addition, the consumption of GOS was associated with a specific higher sucrase activity in the small intestine mucosa. Such an increase of sucrase activity was also measured when Caco-2 cells were grown in presence of GOS. However, it is worth to underline that this latter effect was observed only at a high GOS concentration (5 g/L). With this reservation in mind, the results obtained with Caco-2 cells indicate that GOS may exert an effect on enterocytes which is not mediated by microflora. Although the mechanisms involved in the GOS effect remains unknown, we propose that GOS may act—at least in part—through a direct effect on intestinal epithelial cells. Due to their oligosaccharidic structure, GOS may activate sucrase activity in intestinal epithelial cells. It is not possible, however, to exclude a SCFA-mediated effect on both the enterocyte differentiation and on the amount of mucins associated with the intestinal mucosa since SCFAs are present in significant concentrations in the small intestine [41]. SCFAs are known to be increased in the large intestine following GOS administration [12, 13, 26, 29, 48] and are able to increase differentiation of intestinal colonic-absorptive-epithelial cells [16, 46, 51].

The strong increase in the mucin content of the intestinal mucosa is in accordance with the observations on total protein content. However, evaluation of two groups of MUC genes, i.e., secreted mucins (MUC-2) and membrane-bound mucins (MUC4) showed that GOS-consuming mice display similar MUC mRNA levels in the small intestine mucosa when compared with control mice. Dietary fibers had different effects on mucus production depending on their nature. For instance, butyrogenic fibers like FOS or inulin can enhance the production of colonic mucins [14, 47], whereas non-butyrogenic fibers have no effect on mucin production or secretion [38]. In contrast, GOS have been shown to decrease the number of acid mucin-containing cells in the cecum of rats [26]. However, these studies performed with FOS, inulin or GOS used histological or biochemical methods instead of MUC mRNA level measurement in the intestinal mucosa. De novo mucin synthesis (basal and induced) is controlled primarily at the transcriptional and post-transcriptional levels [4] but much of the works on mucin biosynthesis have been devoted to the transcriptional control [45]. Our present work indicates an increased mucosa-associated mucin after GOS consumption without detectable changes of MUC mRNA level. This result is in favor of the hypothesis that in our experimental situation, GOS are acting mainly at the post-transcriptional level. However, it is not possible to exclude an effect of GOS on the level of mucin glycosylation. Moreover, knowing that modification of MUC gene-associated mRNA levels can be used as an early marker of inflammation [26], it is worth to note that



no change was observed in either MUC or the proinflammatory cytokine TNF- $\alpha$  mRNA levels.

Further work is obviously required to decipher the mechanisms involved in the GOS effect and to determine if GOS could act in the small intestine as a mucin exocrine secretagogue. It has been demonstrated that GOS are able to increase the proportion of some SCFAs [12, 26, 41, 48] and to lower the colonic luminal pH. Moreover, GOS are considered as prebiotics and have been shown to modify the composition of the intestinal microflora [5, 12, 48]. Although these experiments were performed using the large intestine, they indicate that GOS are able to induce modifications of the luminal environment and to reinforce the structure of the intestinal mucus gel. The effect of the luminal pH on mucus structure and thickness has already been shown in the upper part of the intestinal tract [2, 25] and this may explain at least in part the marked effect of GOS consumption on the mucosa-associated mucus.

In terms of intestinal physiology, the increase of intestinal mucosa-associated mucins after GOS consumption may be viewed as a beneficial effect of GOS since mucins are known to protect the intestinal epithelial cells towards deleterious luminal compounds when present in excess. The fact that after GOS consumption, mucosa-associated TNF- $\alpha$  mRNA was not modified and that the histological aspect of the mucosa remained unchanged suggests that, based on such parameters, GOS did not exert any major deleterious effect. Inversely, from the data recorded in the present study, it appears that GOS consumption in our rodent model is likely to exert protective effects on the small intestine mucosa.

**Acknowledgments** The authors are indebted to Dr Bernd Stahl, Danone, Germany, for comments on the manuscript. They also would like to thank Dalila Azzout and Catherine Chaumontet for their helpful assistance in RT-PCR. This study received support from Blédina, Steenvoorde, France, and the ANRT.

# References

- AACC (2001) The definition of dietary fiber, report of the dietary fiber definition committee to the board of directors of American Association of Cereal Chemists. Cereal Foods World. 46:112–129
- Akiba Y, Guth PH, Engel E, Nastaskin I, Kaunitz JD (2000) Dynamic regulation of mucus gel thickness in rat duodenum. Am J Physiol Gastrointest Liver Physiol 279:G437–G447
- Allen A, Flemström G (2005) Gastroduodenal mucus bicarbonate barrier: protection against acid and pepsin. Am J Physiol Cell Physiol 288:C1–C19
- Andrianifahanana M, Moniaux N, Batra SK (2006) Regulation of mucin expression: mechanistic aspects and implications for cancer and inflammatory diseases. Biochim Biophys Acta 1765:189–222
- Bouhnik Y, Flourie B, D'Agay-Abensour L, Pochart P, Gramet G, Durand M, Rambaud JC (1997) Administration of transgalacto-oligosaccharides increases fecal bifidobacteria and modifies

- colonic fermentation metabolism in healthy humans. J Nutr 127-444-448
- Brownlee IA, Havler ME, Dettmar PW, Allen A, Pearson JP (2003) Colonic mucus: secretion and turnover in relation to dietary fibre intake. Proc Nutr Soc 62:245–249
- Chambon-Savanovitch C, Farges MC, Raul F, Blachier F, Davot P, Cynober L, Vasson MP (1999) Can a glutamate-enriched diet counteract glutamine depletion in endotoxemic rats? J Nutr Biochem 10:331–337
- Crittenden R, Playne MJ (1996) Production, properties and applications of food-grade oligosaccharides. Trends Food Sci Technol 7:353–361
- Crowther RS, Wetmore RF (1987) Fluorometric assay of O-linked glycoproteins by reaction with 2-cyanoacetamide. Anal Biochem 163:170–174
- Cummings JH, Southgate DA, Branch WJ, Wiggins HS, Houston H, Jenkins DJ, Jivraj T, Hill MJ (1979) The digestion of pectin in the human gut and its effect on calcium absorption and large bowel function. Br J Nutr 41:477–485
- Dahlqvist A (1968) Assay of intestinal disaccharidases. Anal Biochem 22:99–107
- Djouzi Z, Andrieux C (1997) Compared effects of three oligosaccharides on metabolism of intestinal microflora in rats inoculated with a human faecal flora. Br J Nutr 78:313–324
- 13. Femia AP, Luceri C, Dolara P, Giannini A, Biggeri A, Salvadori M, Clune Y, Collins KJ, Paglierani M, Caderni G (2002) Antitumorigenic activity of the prebiotic inulin enriched with oligofructose in combination with the probiotics *Lactobacillus rhamnosus* and *Bifidobacterium lactis* on azoxymethane-induced colon carcinogenesis in rats. Carcinogenesis 23:1953–1960
- Fontaine N, Meslin JC, Lory S, Andrieux C (1996) Intestinal mucin distribution in the germ-free rat and in the heteroxenic rat harbouring a human bacterial flora: effect of inulin in the diet. Br J Nutr 75:881–892
- 15. Fukunaga T, Sasaki M, Araki Y, Okamoto T, Yasuoka T, Tsuji-kawa T, Fujiyama Y, Bamba T (2003) Effects of the soluble fibre pectin on intestinal cell proliferation, fecal short chain fatty acid production and microbial population. Digestion 67:42–49
- Gamet L, Daviaud D, Denis-Pouxviel C, Rémésy C, Murat JC (1992) Effects of short-chain fatty acids on growth and differentiation of the human colon-cancer cell line HT-29. Int J Cancer 52:286–289
- Gibson G, Roberfroid M (1995) Dietary modulation of the human colonic microbiota: introducing the concept of prebiotics. J Nutr 125:1401–1412
- Hedemann MS, Eskildsen M, Laerke HN, Pedersen C, Lindberg JE, Laurinen P, Bach Knudsen KE (2006) Intestinal morphology and enzymatic activity in newly weaned pigs fed contrasting fiber concentrations and fiber properties. J Anim Sci 84:1375– 1386
- Hoebler C, Gaudier E, De Coppet P, Rival M, Cherbut C (2006) MUC genes are differently expressed during onset and maintenance of inflammation in dextran sodium sulfate-treated mice. Dig Dis Sci 51:381–389
- Ishikawa F, Takayama H, Matsumoto K, Ito M, Chonan O, Deguchi Y, Kikuchi H, Watanuki M (1995) Effects of b1–4 linked galacto-oligosaccharides on human fecal micro-flora. Bifidus 9:5–18
- Jacobs LR, Lupton JR (1984) Effect of dietary fibers on rat large bowel mucosal growth and cell proliferation. Am J Physiol 246:G378–G385
- Knol J, Scholtens P, Kafka C, Steenbakkers J, Gro S, Helm K, Klarczyk M, Schopfer H, Bockler HM, Wells J (2005) Colon microflora in infants fed formula with galacto- and fructooligosaccharides: more like breast-fed infants. J Pediatr Gastroenterol Nutr 40:36–42



 Lloyd JB, Whelan WJ (1969) An improved method for enzymatic determination of glucose in the presence of maltose. Anal Biochem 30:467–470

- Lupton JR, Coder DM, Jacobs LR (1988) Long-term effects of fermentable fibers on rat colonic pH and epithelial cell cycle. J Nutr 118:840–845
- Matsueda K, Muraoka A, Umeda N, Misaki N, Uchida M, Kawano O (1989) In vitro measurement of the pH gradient and thickness of the duodenal mucus gel layer in rats. Scand J Gastroenterol 24:31–34
- Meslin JC, Andrieux C, Sakata T, Beaumatin P, Bensaada M, Popot F, Szylit O, Durand M (1993) Effects of galacto-oligosaccharide and bacterial status on mucin distribution in mucosa and on large intestine fermentation in rats. Br J Nutr 69:903–912
- Moro G, Minoli I, Mosca M, Fanaro S, Jelinek J, Stahl B, Boehm G (2002) Dosage-related bifidogenic effects of galacto- and fructo-oligosaccharides in formula-fed term infants. J Pediatr Gastroenterol Nutr 34:291–295
- 28. Moro G, Arslanoglu S, Stahl B, Jelinek J, Wahn U, Boehm G (2006) A mixture of prebiotic oligosaccharides reduces the incidence of atopic dermatitis during the first six months of age. Arch Dis Child 91:814–819
- Mountzouris KC, Balaskas C, Fava F, Tuohy KM, Gibson GR, Fegeros K (2006) Profiling of composition and metabolic activities of the colonic microflora of growing pigs fed diets supplemented with prebiotic oligosaccharides. Anaerobe 12:178–185
- Nyman M, Asp NG (1982) Fermentation of dietary fibre components in the rat intestinal tract. Br J Nutr 47:357–366
- Ohtsuka K, Benno Y, Endo A, Ueda H, Ozawa O, Uchida T, Mitsuoka T (1989) Effects of 4'-galactosyllactose on human intestinal microflora. Bifidus 2:143–149
- Perrin V, Fenet B, Praly JP, Lecroix F, Ta CD (2000) Identification and synthesis of a trisaccharide produced from lactose by transgalactosylation. Carbohydr Res 325:202–210
- 33. Porchet N, Aubert JP (2004) Les gènes MUC : Mucin or not mucin? That is the question. Med Sci 20:569-574
- Roberfroid M (1993) Dietary fiber, inulin, and oligofructose: a review comparing their physiological effects. Crit Rev Food Sci Nutr 33:103–148
- Roberfroid M (2007) Prebiotics: the concept revisited. J Nutr 137:830S–837S
- Rowland IR, Tanaka R (1993) The effects of transgalactosylated oligosaccharides on gut flora metabolism in rats associated with a human faecal microflora. J Appl Bacteriol 74:667–674
- Sakata T (1986) Effects of indigestible dietary bulk and short chain fatty acids on the tissue weight and epithelial cell proliferation rate of the digestive tract in rats. J Nutr Sci Vitaminol (Tokyo) 32:355–362
- Satchithanandam S, Vargofcak-Apker M, Calvert RJ, Leeds AR, Cassidy MM (1990) Alteration of gastrointestinal mucin by fiber feeding in rats. J Nutr 120:1179–1184
- Scholtens P, Alliet P, Raes M, Alles MS, Kroes H, Boehm G, Knippels LM, Knol J, Vandenplas Y (2008) Fecal secretory

- immunoglobulin A is increased in healthy infants who receive a formula with short-chain galacto-oligosaccharides and long-chain fructo-oligosaccharides. J Nutr 138:1141–1147
- Shimotoyodome A, Meguro S, Hase T, Tokimitsu I, Sakata T (2001) Sulfated polysaccharides, but not cellulose, increase colonic mucus in rats with loperamide-induced constipation. Dig Dis Sci 46:1482–1489
- Smiricky-Tjardes MR, Grieshop CM, Flickinger EA, Bauer LL, Fahey GC Jr (2003) Dietary galactooligosaccharides affect ileal and total-tract nutrient digestibility, ileal and fecal bacterial concentrations, and ileal fermentative characteristics of growing pigs. J Anim Sci 81:2535–2545
- Sonoyama K, Watanabe H, Watanabe J, Yamaguchi N, Yamashita A, Hashimoto H, Kishino E, Fujita K, Okada M, Mori S, Kitahata S, Kawabata J (2005) Allergic airway eosinophilia is suppressed in ovalbumin-sensitized Brown Norway rats fed raffinose and alpha-linked galactooligosaccharide. J Nutr 135:538–542
- Tanabe H, Sugiyama K, Matsuda T, Kiriyama S, Morita T (2005) Small intestinal mucins are secreted in proportion to the setting volume in water of dietary indigestible components in rats. J Nutr 135:2431–2437
- 44. Tanaka R, Takayama H, Morotomi M, Kuroshima T, Ueyama S, Matsumoto K, Kuroda A, Mutai M (1983) Effects of administration of TOS and Bifidobacterium breve 4006 on the human fecal flora. Bifidobact Microflora 2:17–24
- 45. Theodoropoulos G, Carraway KL (2007) Molecular signaling in the regulation of mucins. J Cell Biochem 102:1103–1116
- Topping DL, Clifton PM (2001) Short-chain fatty acids and human colonic function: roles of resistant starch and nonstarch polysaccharides. Physiol Rev 81:1031–1064
- 47. Tsukahara T, Iwasaki Y, Nakayama K, Ushida K (2003) Stimulation of butyrate production in the large intestine of weaning piglets by dietary fructooligosaccharides and its influence on the histological variables of the large intestinal mucosa. J Nutr Sci Vitaminol 49:414–421
- 48. Tzortzis G, Goulas AK, Gee JM, Gibson GR (2005) A novel galactooligosaccharide mixture increases the bifidobacterial population numbers in a continuous in vitro fermentation system and in the proximal colonic contents of pigs in vivo. J Nutr 135:1726–1731
- Veereman G (2007) Pediatric applications of inulin and oligofructose. J Nutr 137:2585S–2589S
- Vos AP, Haarman M, Buco A, Govers M, Knol J, Garssen J, Stahl B, Boehm G, M'Rabet L (2006) A specific prebiotic oligosaccharide mixture stimulates delayed-type hypersensitivity in a murine influenza vaccination model. Int Immunopharmacol 6:1277–1286
- Whitehead RH, Young GP, Bhathal PS (1986) Effects of shortchain fatty acids on a new human colon carcinoma cell line (LIM1215). Gut 27:1457–1463

